Discipline with Dignity: Strategies for Building and not Destroying Students
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Success in life is the result of good judgment. Good judgment is usually the result of experience. Experience is usually the result of bad judgment.
- Anthony Robbins

Presentation Objectives
The main objective of this presentation is to offer strategies for implementing appropriate student discipline while maintaining compassion and concern for the individual involved in the transgression. At the conclusion of the presentation, you will understand:
• Models of discipline and their roles in developing professional responsibility.
• Value of clearly defined expectations in deterring the need for discipline.
• The need to limit emotions and enhance communications throughout the disciplinary process.
• Consistency in discipline does not mean the same punitive sanctions for similar infractions.
Scenario

What would you do?

Research Supports.....

• Define expectations
• Behavior shaped by consequences
• Tactical ignoring vs. ALWAYS responding
• Discipline carryover
• Support students’ self-control

Strategies for Effective Discipline

• Pre-emptive Preparation
• Emotions
• Communications
• Discernment
• Restorative

Student Centered
Pre-emptive Preparation

- Environment:
  - Firmness and kindness
  - Personal power

- Expectations:
  - Defined
  - Model appropriate behaviors

Strategies for Effective Discipline

- Pre-emptive Preparation
- Emotions

Emotions

- Remove Your Emotions from the Process
  - Recognize Your Insecurities/Frustrations
- Don't Get Caught-up in Their Emotions
Strategies for Effective Discipline

- Pre-emptive Preparation
- Emotions
- Communications

Communications

- Immediate Recognition but Delayed Reaction
- Face-to-Face
- Brief and Clear
- Decisive—No Negotiations
- Avoid Communication Pitfalls
- Update Regularly

Strategies for Effective Discipline

- Pre-emptive Preparation
- Emotions
- Communications
- Discernment
Discernment

- Know the Whole Story
- Action vs. Non-Action
- Pick Your Battles

Strategies for Effective Discipline

- Pre-emptive Preparation
- Emotions
- Communications
- Discernment
- Restorative

Restorative

- Fair
- Mistakes are not terminal – they don’t have to define the person
- Follow-up
- Allow them to change—Encourage positive steps to improvement
- Restorative: wants vs. needs
Scenario

... more to the story

What would you do now?

When you discipline, remember...

Student Centered Discipline

Pre-emptive Preparation

When you discipline, remember...

Student Centered Discipline
When you discipline, remember…

Emotions

Pre-emptive Preparation

Student Centered Discipline

Communication

Discernment

When you discipline, remember…

Emotions

Pre-emptive Preparation

Student Centered Discipline

Communication

Discernment

When you discipline, remember…

Emotions

Pre-emptive Preparation

Student Centered Discipline

Communication

Discernment
When you discipline, remember...

References

Weiner, M. Restorative justice and community. In J Williams, M. MacMillian. 1997; 139-139.


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