CEBM Scale

Level of Evidence: 1b

![Diagram of the CEBM Scale]

**Level 1**
- 1-a: systematic reviews of RCTs
- 1-b: Individual RCTs
- 1-c: all-or-none studies

**Level 2**
- 2-a: systematic reviews of cohort studies
- 2-b: Individual cohort studies
- 2-c: outcomes research

**Level 3**
- 3-a: systematic reviews of case-control studies
- 3-b: individual case-control studies

**Level 4**

**Level 5**

Well-Designed Randomized Controlled Trials and Systematic Reviews

Cohort Studies

Case-Control Studies

Case Reports and Case Series

Poorly Designed Cohort Studies

Poorly Designed Case-Control Studies

Expert Opinion, Anecdotal Evidence, Bench Research, Animal Research, Unpublished Clinical Observations