Quiz Questions
Evaluation and Treatment of Hand and Wrist Sports Injuries

1. The Triangular Fibrocartilage Complex Tears (TFCC) is located:
   a. Between the scaphoid and lunate
   b. At the first CMC joint
   c. Between the carpal rows
   d. At the Distal Radial-Ulnar Joint (DRUJ)

2. True or False: TFCC tears are always apparent on MRI.

3. Benefits of early surgical fixation of scaphoid fractures include:
   a. Ability to start early strengthening
   b. Ability to start early motion
   c. Early return-to-play versus casting
   d. All of the above

4. Traditional recommendations for casting of a scaphoid fracture are:
   a. 6 weeks short arm cast
   b. 6 weeks long arm cast
   c. 6 weeks long arm cast followed by 6 weeks short arm cast
   d. 12 weeks long arm cast

5. A Stener lesion is associated with:
   a. Scaphoid fractures
   b. Gamekeeper’s Thumb
   c. TFCC Tear
   d. All of the above

6. True or False: Gamekeeper’s Thumb can be treated non-operatively.

7. The classification system for TFCC tears is:
   a. Satler-Harris
   b. Outerbridge
   c. Palmer
   d. Garden